



## Santa Cruz County ACEs Community of Practice (CoP)

Wednesday, April 24, 2024 | 12:00 - 1:00 pm

Facilitated by: Allison Guevara & Jorina Elbers

*Health Improvement Partnership*

### MEETING NOTES

Meeting Purpose: This meeting convened health care providers, community-based organizations, and social service agencies to learn about strengths and asset-based approaches to screening for and responding to ACEs.

#### Attendees:

1. Laura Wishart
2. Priscila Bacio
3. Allison Guevara
4. Jorina Elbers
5. Thomas Hickens
6. Britta Vigurs
7. Dan Chavez
8. Denise Gonsavles
9. Diana Valadez
10. Jeffery Gordon
11. Julissa Silva
12. Lizbeth Garnica
13. Suzanne Frank

#### Reflections on ACEs Questionnaire

- Allison Guevara reviewed the ACEs Questionnaire followed by Positive and Adverse Childhood Experiences (PACES) questions.
  - Allison prompted attendees to share how these questions made them feel
    - Attendees shared the negative feelings they felt when listening to these questions and how there was a difference when reviewing the positive questions.

#### Strength and Assets-based Questions

- Jorina Elbers reviewed Positive And Compensatory Experiences (PACES) and the term Salutogenesis.
  - PACES are offset by the Adverse Childhood Experiences.
  - PACES can help identify the positive factors that contribute to the wellbeing of the patient.
  - Salutogenesis focuses on health factors instead of disease factors.
- Jorina shared how health providers can integrate salutogenesis practices into their work.

#### Group Discussion

- Allison prompted attendees to share a strength or asset based question that they can bring into their practice or work that can help their patient tap into their inner strength.
  - Thanking patients for their time, presence, etc.
  - Asking patients what is working for them
- Jorina shared a list of resources with external and internal resources that can be shared with patients.

#### Closing/wrap-up

- Our next ACEs Community of Practice meeting is on Wednesday, May 29, 2024 from 12 - 1 PM.